## Camp Walden – How to Be a Kid Again

Camp is a simple place, a throwback to easier times when fun was the only priority. So when you come for a stay, be sure to let your hair down, throw on an old pair of sneakers and release your inner child!

But just like our regular campers, inner children need limits! Our traditions and rules maintain the special camp atmosphere and make it both safe and fun for everyone.

## Eat, Drink and be Merry... nourish body and soul

- 1. Help yourself to cold water right out of the tap it's safe. Just let it run for a second.
- 2. Camp is a delicious place that will meet your individual food needs. If you make a food request, please follow it once you have arrived so that our meals are equally good for everyone.

## The Good Times Roll... when you roll with camp traditions

- 3. Speaking of our staff...they are all experts in camp life and having fun. Consider them the wise elders (even if younger than you). Talk to each one you meet, ask questions. You know, all the friendly stuff.
- 4. Our summer campers have been writing on the walls for years. Your inner child knows better. Please no graffiti.
- 5. You also know better than to leave anything behind in your cabin when you leave. Take your single sock and wet towel home!
- 6. Summer campers go screen-free when they're here. Give yourself a break from electronic devices: let everyone know you'll be away from your phone and then leave it in the cabin. The world will continue to spin on its axis without you! Yes, there is Wifi for emergencies and set up for you in a special place that your producer will let you know of.
- 7. If you hear music on the PA system, it means that something wonderful is about happen. Often, a meal. Check your schedule and listen to any announcements for updates.
- 8. Park your vehicle in the main parking lot. Once you are here, it's foot power only. If you need to leave, let a staff member know so no-one gets worried and goes looking for you.

## Safety Is No Accident...let's look out for each other

- 9. Even adults need to be careful around water. Follow all instructions posted at the waterfront and always wear a lifejacket when outside the swim area in a boat or on a paddleboard. There is no swimming or water activities before sunrise, after sunset, or without waterfront staff.
- 10. With the climate of the world right now please understand that our staff will be wearing masks and staying at a distance during your entire stay with us.
- 11. We promote sanitization! There are lots of pumping stations all around the campgrounds.
- 12. Fire is also a thing. If you are the last person at a firepit at the end of the night, use the nearby hose to extinguish it until it's cold enough to touch. Be patient. This can take a few minutes.
- 13. If you smoke, your cigarette butts go only in a fireput never on the ground or in the trash. Your mother told you not to litter, and you don't want to be the fool who starts a fire.
- 14. A nurse is available here 24/7. Keep any meds you need with you, and let a staff member know if you ever need to contact the nurse.
- 15. Everyone wants to enjoy their time without any form of harassment. Camp Walden has zero tolerance for harassing behaviour. Direct any issue (big or small) in full confidence to our Venue Producer or Director.
- 16. Emergencies are also a real thing. If you hear "Emergency, Emergency, make your way to the Upper Basketball Courts" Please do just that.